**SRG Run 17 – 5.2km Morphett Vale ‘Block run’**

* **5.2km course**

 

Directions:

1. Follow Coast to Vines track across Bains road until you reach Pimpala road (Hungry Jacks)
2. Turn right until States Road (Roundabout)
3. Turn right and follow until the Christies Creek trail, just after Duvall ave
4. Turn right and follow the path back to the park

**SRG Run 17 – 10.2km Morphett Vale ‘Block run’**

* **10.2km course**

 

Directions:

1. Follow the Coast to Vines trail across Bains, Pimpala, States and Reynell roads until you reach the small bridge
2. Immediately after the bridge turn right and follow the track to Panatalinga road
3. Turn right and follow Panatalinga until you reach Wheatshead road
4. Turn right and follow back to the Coast to Vines trail
5. Turn right and return to the park

**SRG Run 17 – 18.9km Morphett Vale ‘Block Run’**

* **18.9km course**



Directions:

1. Follow the Coast to Vines trail across Bains and Pimpala roads, until States road
2. Turn right and follow States road until the Pimpala road roundabout and turn left
3. Follow Pimpala across Panatalinga road until Knox road (opposite Sir James Hardy Way) and turn right
4. Run to the end and turn right onto Bains Road
5. Turn left onto Panatalinga road – continue past Wheatshead road and straight ahead at the bend, through the sandy trail section, continue up Kimbly road until the T-Section with Upper Penney Hills road and turn right
6. At the end, turn left into States road and continue up the hill until Cottage Terrace
7. Turn right into Cottage Terrace and run to the end
8. Turn right and continue onto Main South road, crossing Honeypot, Doctors and Wheatsheaf roads
9. Turn right into Randell road and run until the bridge
10. Turn right and follow the road and track back to the park